

ShaRK 400m 2026: Session: 1: Startlist per athlete for TEAM: ZVL

Coachinfo: Warming up from: 12:20 untill 13:25. Teamleadmeeting @ 13:00

The listed starttimes are indicative!

Coaches: Daniëls Liesbeth

Coaches: Vanuytven Diane

PB => Personal Best time

Athlete: DE KEYZER FRAN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	3	4	07:10.76	no time	15:35

Athlete: DE PUYDT ARTHUR

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11-12	5	2	2	06:35.50	07:01.14	16:25

Athlete: FELIX JULIE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MIXED 9-10	3	2	6	no time	no time	14:25

Athlete: SOMERS BESS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MIXED 9-10	3	3	6	no time	no time	14:30

Athlete: VLUYMANS JULIE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	1	3	no time	no time	15:20